

BRICS NINR Index of Self-Regulation (ISR)

The Index of Self-Regulation (ISR), an English-language questionnaire developed by Fleury (1998), is a nine-item scale that was designed to measure. Reference: Yeom, Hye-A., et al.

Main

*Global Unique Identifier	
Participant or subject identification number	
Age in years	
Vital status on discharge	Alive
	Dead
	Unknown
Visit Date	Format: YYYY-MM-DD HH:MM
Site Name	
Days since baseline	
_	
Case control indicator	Case
	Control
	Unknown
General Notes: Use this field to capture additional	
information	



Context to which the questions were answered	Baseline
	○ Follow-up 1
	Follow-up 2
	Follow-up 3
	Follow-up 4
	─ Follow-up 5
	Other, specify
Specify the other context to which the questions were answered.	
Indicate how the medical/family history information was	Brother
obtained	Chart/Medical record
	Daughter
	Family, specify relation
	Father
	Friend
	Mother
	Participant/subject
	Physician
	Sister
	Son
	Unknown
	Other, specify
Other, specify	
What is the ISO 639 code for the language the	─ Hungarian
form/instrument has been administrated?	Russian
	Hindi
	Iranian languages
	Other specify
	English
	French
	Outch
	○ Italian
	 Italian Japanese
	ItalianJapaneseVietnamese
	ItalianJapaneseVietnameseGreek
	Italian Japanese Vietnamese Greek Portuguese
	Italian Japanese Vietnamese Greek Portuguese Chinese
	Italian Japanese Vietnamese Greek Portuguese
	Italian Japanese Vietnamese Greek Portuguese Chinese Finnish
	Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German
	Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German Hebrew

٧	IEW MODE	NorwegianSign language
	Other, specify	

V I E W Self Regulation E

I think of the benefits of changing the ways that I take care	Agree
of myself	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
	Ondecided
I remind myself of the good that I am doing by changing	Agree
the ways that I take care of myself	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I remind myself of the importance of changing the ways	Agree
that I take care of myself	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I keep track of how I am doing in changing the ways that I	Agree
take care of myself	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I watch of signs of progress as I change the ways that I	O A 2022
take care of myself	Agree
take date of myself	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I monitor myself to see if I am meeting my goals	Agree
	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I have learned new habits that help me take care of myself	
I have learned new habits that help me take care of myself	Agree
	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I have learned to approach old situations in new ways	Agree
	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided
I have learned to make changes that I can live with.	Agree
The second to make on any second the will	Disagree
	Strongly Agree
	Strongly Disagree
	Undecided





ISR Total Score	
ISR Recondition Subscale Score	
ISR Stimulus Control Subscale Score	
ISR Behavioral Monitoring Subscale Score	