

BRICS NINR 36-Item Short Form Health Survey (SF-36) version 1

Contains data elements for the SF-36 version 1 instrument [Examples of CDEs included: In general would you say your health is and compared to one year ago, how would you rate your health in general now]"

Main

| *Global Unique Identifier | |
|--|--|
| Participant or subject identification number | |
| Age in years | |
| Vital status on discharge | AliveDeadUnknown |
| Visit Date | Format: YYYY-MM-DD HH:MM |
| Site Name | |
| Days since baseline | |
| Case control indicator | Case Control Unknown |
| Use this field to capture additional information | |

V I E Waministration D E

| Context to which the questions were answered | Baseline |
|---|--|
| | Follow-up 1 |
| | Follow-up 2 |
| | Follow-up 3 |
| | Follow-up 4 |
| | Follow-up 5 |
| | Other, specify |
| | Other, specify |
| Specify the other context to which the questions were | |
| answered. | |
| | |
| Indicate how the medical/family history information was | ■ Brother |
| obtained | Chart/Medical record |
| | Daughter |
| | Family, specify relation |
| | Father |
| | |
| | Friend |
| | Mother |
| | □ Participant/subject |
| | Physician |
| | Sister |
| | Son |
| | Unknown |
| | |
| | Other, specify |
| Other, specify | |
| | |
| What is the ISO 639 code for the language the | ─ Hungarian |
| | Tidilgarian |
| form/instrument has been administrated? | Duccian |
| form/instrument has been administrated? | Russian |
| form/instrument has been administrated? | Hindi |
| form/instrument has been administrated? | HindiIranian languages |
| form/instrument has been administrated? | HindiIranian languagesOther specify |
| form/instrument has been administrated? | HindiIranian languagesOther specifyEnglish |
| form/instrument has been administrated? | HindiIranian languagesOther specifyEnglishFrench |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese Finnish |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German Hebrew |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German Hebrew Danish |
| form/instrument has been administrated? | Hindi Iranian languages Other specify English French Dutch Italian Japanese Vietnamese Greek Portuguese Chinese Finnish German Hebrew |

| V | I E W M O D E | Norwegian⇒ Sign language |
|---|----------------|---|
| | Other, specify | |

$V \hspace{0.1cm} I_{SF}\hspace{-0.1cm} E_{36}\hspace{-0.1cm} W_{ersion}\hspace{-0.1cm} M \hspace{0.1cm} O \hspace{0.1cm} D \hspace{0.1cm} E$

| 1 | |
|---|--|
| In general, would you say your health is | Excellent Very good Good Fair Poor |
| Compared to one year ago, how would you rate your health in general now? | Much better now than one year ago somewhat better now than one year ago About the same Somewhat worse now than one year ago much worse now than one year ago |
| Does your health now limit you in: Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Lifting or carrying groceries? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Climbing several flights of stairs? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Climbing one flight of stairs? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Bending, kneeling, or stooping? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Walking more than a mile? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Walking several blocks? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Walking one block? | Yes, limited a lot Yes, limited a little No, not limited at all |
| Does your health now limit you in: Bathing or dressing yourself? | Yes, limited a lot Yes, limited a little No, not limited at all |
| During the past 4 weeks, have you: Cut down on the amount of time you spent on work or other activities? | Yes No |

| I E W M O D E | |
|--|---|
| During the past 4 weeks, have you: Accomplished less than you would like? | YesNo |
| During the past 4 weeks, you: Were limited in the kind of work or other activities? | Yes No |
| During the past 4 weeks, have you: Had difficulty performing the work or other activities (for example, it took extra effort)? | Yes No |
| During the past 4 weeks, have you: Cut down on the amount of time you spent on work or other activities? | Yes No |
| During the past 4 weeks, have you: Accomplished less than you would like? | Yes No |
| During the past 4 weeks, you: Didn't do work or other activities as carefully as usual? | Yes No |
| During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups? | Not at all Slightly Moderately Quite a bit extremely |
| How much bodily pain have you had during the past 4 weeks? | None Very mild Mild Moderate Severe Very severe |
| During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? | Not at all A little bit Moderately Quite a bit extremely |
| How much of the time during the past 4 weeks: Did you feel full of pep? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Have you been a very nervous person? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |

| How much of the time during the past 4 weeks: Have you felt so down in the dumps that nothing could cheer you up? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
|---|---|
| How much of the time during the past 4 weeks: Have you felt calm and peaceful? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Did you have a lot of energy? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Have you felt downhearted and blue? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Did you feel worn out? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Have you been a happy person? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| How much of the time during the past 4 weeks: Did you feel tired? | All of the time Most of the time A good bit of the time Some of the time A little of the time None of the time |
| During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? | All of the time Most of the time Some of the time A little of the time None of the time |

| I seem wo get sink a (intile easier than other people | Definitely true mostly true Don't know mostly false Definitely false |
|---|--|
| I am as healthy as anybody I know | Definitely truemostly trueDon't knowmostly falseDefinitely false |
| I expect my health to get worse | Definitely truemostly trueDon't knowmostly falseDefinitely false |
| My health is excellent | Definitely truemostly trueDon't knowmostly falseDefinitely false |



| Emotional well-being score | |
|----------------------------------|--|
| | |
| Energy/fatigue score | |
| | |
| Role functioning/physical score | |
| | |
| Change in health score | |
| | |
| General health score | |
| | |
| Pain score | |
| | |
| Physical functioning score | |
| | |
| Role functioning/emotional score | |
| | |
| Social functioning score | |
| | |